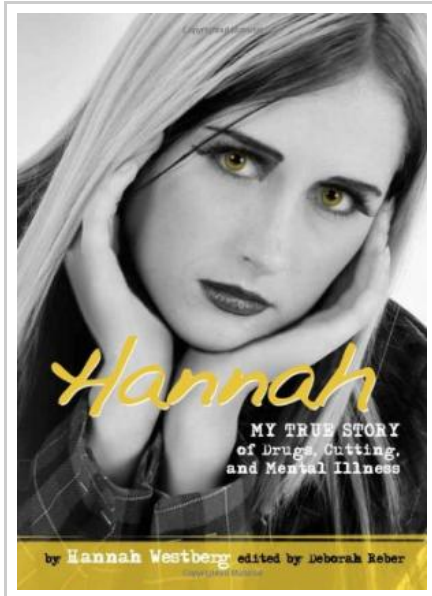




Hannah: My True Story of Drugs, Cutting, and Mental Illness

By Hannah Westberg

HEALTH COMMUNICATIONS, United States, 2010. Paperback.
Book Condition: New. 175 x 127 mm. Language: English . Brand New Book. Hannah is a girl interrupted. For Hannah Westberg, life has been one big emotional roller coaster. As a girl, her mother was in and out of mental hospitals, so when it was her turn to visit the psych ward following a suicide attempt the summer after eighth grade, she had an idea of what she was in for. But that was only the beginning of Hannah s journey. Over the next five years, Hannah has engaged in dangerous behaviors--from pill popping and excessive dieting to cutting--and paid a high price. Her depression, self-harm, and suicidal tendencies have landed her in rehab and therapy and with a diagnosis of borderline personality disorder. But though she may have a label for her mental illness and tools for coping, for Hannah, life is still something she takes one day at a time. The psych ward is where you go to get from fragile to shattered. It s like taking your car to get washed and getting your windshield broken in the process. Because Truth Is More Fascinating Than Fiction.



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